



A EQUAM SERVARE MENTEM

SASTRI COLLEGE

NOVEMBER EXAMINATION: 2018

DEPARTMENT OF SOCIAL SCIENCES

LIFE ORIENTATION - GRADE 8

TIME: 1.5 HOURS

EXAMINER: MISS A.MOOSA

MARKS: 70

MODERATOR: MRS. G.T MOODLEY

INSTRUCTIONS

1. *This question paper consists of **TEN** questions.*
2. *Answer all questions in Section A and Section B.*
3. *In Section C you are required to only answer **TWO** questions.*
3. *Write neatly and legibly.*
4. *Number the questions as per the question paper.*
5. *Start each **SECTION** on a **NEW PAGE**.*
6. *This paper consists of **THREE** sections, **TEN** questions and **EIGHT** pages.*

SECTION A

QUESTION ONE: MULTIPLE CHOICE

1. **Select the correct answer from the options provided for each question. Write 1.1 to 1.10 and the correct letter only. E.g. 1.11. - C.**
 - 1.1 Nation Building is...
 - A. The act of growing towns and cities to provide place for people to live.
 - B. When people work together to create a feeling of belonging and build a better country.
 - C. All of the above.
 - 1.2 The South African constitution leads nation building with which of the following principles?
 - A. non-racism, sexism, democracy, tolerance
 - B. racism, respect, sexism, democracy
 - C. social unity, non-racism, democracy, respect, tolerance
 - 1.3 On which national holiday do we celebrate our cultural diversity?
 - A. Freedom Day
 - B. Heritage Day
 - C. Christmas Day

- 1.4. Emotional effects of gender-based violence include:
- A. Fear, alcohol abuse, social stigma, poor self-esteem
 - B. Trust issues, anxiety, unwanted pregnancy, disability
 - C. Anxiety, fear, depression, poor self-esteem
- 1.5. Someone should go for an HIV test ...
- A. Anytime one has had a sexual encounter.
 - B. Anytime one has kissed someone who is HIV positive.
 - C. Anytime one has had a sexual encounter and is not sure of their partner's HIV status.
- 1.6. The best method of protecting oneself against contracting HIV is:
- A. Abstinence
 - B. Having protected sex
 - C. Having safe sex
- 1.7. HIV/Aids is spread by...
- A. sharing food or water with someone that has the virus.
 - B. sharing food, dishes or cooking utensils such as knives, plates and forks with a person who is HIV positive
 - C. sharing unsterile syringes with someone who has HIV/AIDS
- 1.8. The following is an example of a law and/or policy that South Africa has to address environmental health problems:
- A. Food and Water Act
 - B. National Health Act (2003)
 - C. Food, Cosmetics and disinfectants Act (1972)
- 1.9. Select the best answer. Earth Day is:
- A. When everyone switches off all of their lights for an hour to save electricity
 - B. A worldwide movement for the planet organized by World Wildlife Foundation
 - C. An annual event when events worldwide are held to demonstrate support for environmental protection
- 1.10. Examples of non-verbal communication include:
- A. Contact, facial expressions, tone of voice
 - B. Clothing and appearance, muscles, posture
 - C. Movement, what we say, eye contact

[10]

QUESTION TWO

2. Match the terms in column A with their corresponding descriptions in column B. Write 2.1 to 2.5 and the correct letter only e.g. 2.6. A.

COLUMN A	COLUMN B
2.1. Creative thinking	A. Being able to think for yourself.
2.2. Analytical thinking	B. Questioning information carefully from different points of view.
2.3. Critical thinking	C. Being able to think about how a method will work in practice.
2.4. Practical thinking	D. Having a good imagination or willingness to explore ideas.
2.5. Independent thinking	E. Looking at how the parts of a whole relate to one another.

[5]

QUESTION THREE: TRUE OR FALSE

3. State whether the following sentences are TRUE or FALSE ONLY.

- 3.1. Motivation is the reason for doing something in a particular way. [1]
- 3.2. When you are self-motivated you are motivated to achieve something because of your own interest. [1]
- 3.3. A healthy self-image can contribute to positive motivation. [1]
- 3.4. Positive self-talk is about speaking to yourself as if you are your own best friend. [1]
- 3.5. Your attitude to yourself cannot change a negative self-concept into a positive self-concept. [1]

[5]

QUESTION FOUR

4. Read the paragraph below and choose the correct word or terminology from the word-box. Write 4.1 to 4.5 and the correct letter only e.g. 4.6. Kinesthetic.

Equality	Discriminated	Fair	Equal	Rights
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Gender equity is the ___ 4.1 ___ and ___ 4.2 ___ treatment of men and women. This means that neither of the sexes should be ___ 4.3 ___ against because of their gender. The Bill of ___ 4.4 ___ is built on the principle of ___ 4.5 ___.

[5]

TOTAL SECTION A: 25 MARKS

SECTION B

QUESTION FIVE

Carefully read the extract below and answer the following questions.

Kate is a young mother of two children, Siphso (8) and Mary (5). They would often complain that they had a sore tummy or headache. Kate did not like giving her children medicine unnecessarily, so what she would do is give them a Smartie and say that it was medicine to help them feel better. Naturally the children loved these "pills". One day Siphso got a very high temperature and the doctor gave him some pills to help him feel better. Mary saw her mom put these pills in the drawer of her bedside table.

Later, when Kate was not watching, Mary snuck into her mom's room and took the pills out of the packet. She put a whole handful of the pills in her mouth and swallowed them. They did not taste as nice as the other "pills" her mother had always given them. Kate later found Mary passed out on her bed next to the packet of pills. She rushed Mary to the hospital where they pumped her stomach and managed to save her life. Kate got such a fright, but knew that she would have to take greater care with storing medicine in her home.

- 5.1. What mistake did Kate make in the situation? [1]
- 5.2. If you were Kate, what would you teach your children about medicine? [2]
- 5.3. Imagine the Health Department has asked you to educate the public about Medicine safety within a home environment. Suggest two rules for medicine safety in homes. [2]
[5]

QUESTION SIX

Carefully read the extract below and answer the following questions.

Nation building starts with your relationships with your family. The way that you interact with each other will influence how you react with your friends and members of your community. At home, practice good nation building by looking after the people in your family. Speak to each other kindly and don't hurt each other physically or emotionally. You also need to look after resources, such as water and electricity. Turn off taps, lights and appliances that you aren't using, and look at ways in which you can reuse, recycle and reduce waste. Help with chores around the house. By carrying out these values at home, you and your family are more likely to work towards nation building away from home, too.

When you talk about our country and its leaders, do with respect. Even if you don't agree with what leaders and elders are saying or doing, you can voice your opinion in a respectful manner. Share information with your family about what you are learning at school and programmes in the community that promote nation building. Sometimes, promoting nation building to adults can be difficult.

Some adults complain about not having access to resources such as roads, water and electricity. Remember that you should always speak to your elders with respect.

- 6.1. Define the term nation building. [2]
 - 6.2. List two ways in which you can promote nation building in your community. [2]
 - 6.3. Explain why it is important for the nation to be empowered. [4]
 - 6.4. Give an idea of your own for promoting nation building at school. [2]
- [10]

QUESTION SEVEN

Carefully read the extract below and answer the following questions.

In America 40% of sports people are women, however only 6-8% of the total sports media coverage is devoted to them. In addition, women-only sports stories add up to just 3.5% of all sports stories in the four major US newspapers. According to the Women's Sports Foundation, male athletes get \$179 million more in athletic scholarships each year than females do. Additionally, collegiate institutions spend just 24% of their athletic operating budgets on female sports, as well as just 16% of recruiting budgets and 33% of scholarship budgets on female athletes.

Some people have the argument that "women's sport isn't interesting enough". Moreover, even though over the years the popularity of women's sports is growing, unfortunately the media coverage and sponsorship dollars have not necessarily followed through and gender equality remains an issue. Take last July's Women's World Cup soccer final for example. It was the most watched soccer match—men's or women's—EVER in the US with nearly 25.4 million viewers. Yet the players were far less compensated than their male counterparts were.

The gender equality debate was reignited recently when former South African tennis professional Raymond Moore made a number of comments that were degrading to women in the sport. This was met with backlash from both female and male players including World Number 1 Serena Williams who was vocal in expressing her views on the subject. What it boils down to is that we, collectively, men and women, need to do more about gender equality. We need to pave the way for our daughters, just as we do our sons. There should be no disparity in sports, nor in the workplace, nor in life. Women and men should be seen as, and treated as, equals in all respects. Gender should not be the thing that defines us or separates us from our fellow athletes.

- 7.1. Do you think that women are afforded the same opportunities as men in sport?
Substantiate your answer. [3]
- 7.2. In your view, do you think that culture plays a role in women's involvement in sport? Explain your answer. [3]
- 7.3. Suggest why it is strange to see women play traditionally male sports like soccer? [2]
- 7.4. Explain how you feel about gender equity in sports? [2]

[10]

TOTAL SECTION B: 25 MARKS

SECTION C

- The following section consists of **THREE** essay type questions of 10 marks each.
- You are to answer only **TWO** questions.
- Clearly write the question number as headings.
- Please start each question on a new page.
- Each essay should be one page in length.

QUESTION EIGHT

Examine the extract below and answer the questions that follow.



“Here is your country. Cherish these natural wonders, cherish the natural resources, cherish the history and romance as a sacred heritage, for your children and your children's children. Do not let selfish men or greedy interests skin your country of its beauty, its riches or its romance.”

– Theodore Roosevelt

8. Write an essay (1 Page in length) on your understanding of **Earth day**.

Include the following points in your discussion:

- When is Earth day celebrated?
- Explain three ways that you can be kinder to planet Earth.
- Suggest why Earth day is important

[2]

[6]

[2]

[10]

OR

QUESTION NINE

Examine the extract below and answer the questions that follow.

Bullies hurt people around them by doing nasty things on purpose. They usually pick on a person or group of people and make them scared by repeatedly hurting them. Bullies want power and they try to obtain it by controlling another person. Bullies violate human rights by discriminating against people and hurting them.

9. Write an essay on your understanding of Human rights violation: **Bullying**. Include the following points in your discussion: (1 Page in length)

- What is bullying?
- Briefly describe three ways you can prevent bullying.
- Give an example of bullying.

[2]

[6]

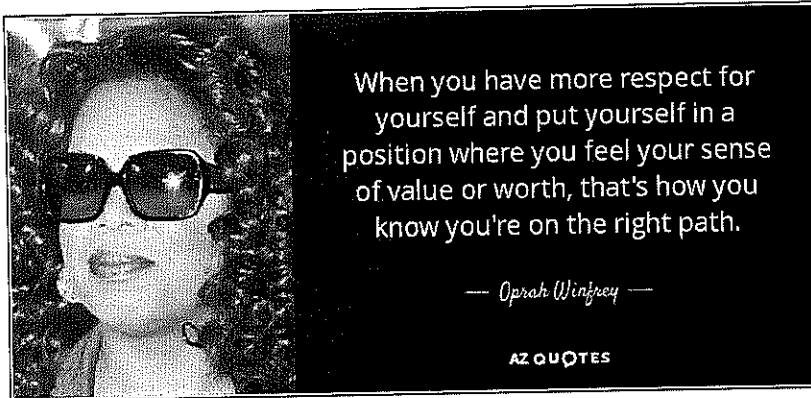
[2]

[10]

OR

QUESTION TEN

Examine the extract below and answer the questions that follow.



10. Write an essay on your understanding of Respect for others. Include the following points in your discussion: (1 Page in length)
- Explain the term respect. [2]
 - Briefly describe three ways you can be respectful towards your educators, peers and family. [6]
 - How can you promote respectful behaviour in a classroom? [2]
- [10]

TOTAL SECTION C: 20 MARKS

GRAND TOTAL

